



Improving the oral health of infants, children, adolescents and persons with special health care needs.



College of Dentistry
and Dental Clinics

Pediatric *dentistry*

ISSUE 2 • DECEMBER 2017



UPDATE FROM the Department Chair

It has been a season of change in our department. We were both happy and sad to see Cindy Becker retire, but we know she is having a great time with her family. We know Anita is retiring soon and are glad that she and Cindy will be joining us in Hawaii for their last AAPD meeting, so be sure and join us at the Iowa reception. We are also excited to

introduce Exodus Cardoza as the newest member of our team. His quick wit and humor fits in well with our spirited department.

We are honored to have continued alumni support. This year we were able to host Dr. Norm Tinanoff to speak to our pediatric dental residents about dental research. Drs. Craig Hollander, Kelly Jobman and Jessica Meeske stopped by to discuss private practice. We were excited when Dr. Donald Chi was invited by Dental Public Health to present to the College of Dentistry and spent time with our residents, and Dr. Rebecca Slayton was one of the continuing education Alumni Day speakers.

This year the Department of Pediatric Dentistry sponsored a Friday Continuing Education Pediatric Dental Bootcamp, "Tips, Tricks, and Tidbits for Pediatric Dental Patients." Over 100 people participated in the Friday session, including many of our adjunct faculty members. We look forward to hosting Dr. Bill Waggoner for the Arthur Nowak Professorship next fall.

Thank you again for all of your support of our Department, we love our Iowa Family and look forward to seeing you in Hawaii. Go HAWKS!

Karin Weber-Gasparoni

We welcome all of these new residents to our "Iowa Family".

Pediatric Dental Residency

We increased the class size of the residency program over the past two years at Iowa. We currently have five second-year residents, Joan Attridge from Indian Health Services, Megan Rohman and Nicole Youngers who came from private practice, Reem Oweis who just completed her PhD in Oral Sciences, and Zach Percival who came directly from dental school.

Pediatric Dentistry continues to be a popular post-graduate program. In 2017 there were 676 applications for 408 positions. We consistently receive over 100 applications and we interviewed 23 people for five positions. We were able to attract a diverse group of students from various undergraduate training programs as well as the University of Iowa. Our first-year residents are Bryce Evans (SIU), Nathan Green (Nebraska) and Kirstina Gratz (Iowa) from private practice and Casey Goetz (Iowa) and Elizabeth Wilkinson (UMKC). The addition of residents gives us the opportunity to provide more services to our patients at the new University of Iowa Stead Family Children's Hospital; including the pediatric specialty clinics and the procedural sedation area. We welcome all of these residents to our "Iowa Family".

A Conversation

with Anita Forbes and Cindy Becker



The Department of Pediatric Dentistry is going through major changes this year, but we have had a partnership of 32 and a half years with Anita Forbes and Cindy Becker at the helm of the department. Between them they have worked with 7 Department Executive Officers, 6 residency program directors, and 146 pediatric dental residents. These two women have seen it all, and still are laughing to tell the story. In May Cindy Becker retired; we were sad to see her go and we will be equally sad when Anita retires next year.

It's amazing that these two women didn't become friends until they worked together in one tiny office. Anita is from Lone Tree where she has lived all of her life. Cindy is from Riverside where she lived until she moved to North Liberty a few years ago (these two towns are only 10 miles apart). Cindy said she knew Anita's family, but not Anita until she took a job at the University. Anita started at the CDD as a clinic clerk and transferred to the College of Dentistry; she's been a part of Pediatric Dentistry for 39 years. Cindy started at the hospital and then transferred to the College of Dentistry. It's all relative in the dental world since Anita's sister is the former Executive Secretary of the American Board of Pediatric Dentistry and Cindy's sister works as administrative support in Family Dentistry.

The amazing thing is that the two are yin and yang and work together so well that we have all benefited from their friendship both personally and professionally. The two finish each other's sentences, they know more about each other's personal habits than their family – constantly reminding each other if one should die what purse they should remember to go through for important documents. Anita is quick witted, always speaks what is on her mind, and likes vegetables. Cindy is quiet and reserved, but don't let that fool you, she is paying attention to every detail of your life, and she hates vegetables. Cindy is well-known for her antics like decorating offices for birthdays, or toilet papering houses, Anita is right behind her cheering her on.

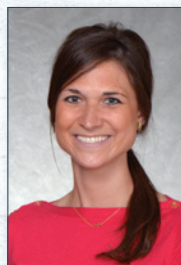
Anita and Cindy have both been married for over 40 years to their spouses. Together Anita and Rick have two children (Trudi and Josh) and 7 grandchildren. Cindy and Don have four boys (Brad, Chad, Travis, and Tyler) and 8 grandchildren. Anita's grandchildren even call Cindy, Grandma Cindy.

We are excited for the next phase in Cindy's life, to spend time at her cabin on the Cedar River with Don and all of the grandchildren. We are lucky that Anita will be with us for a few more months, but we know that she is excited for starting all of her new hobbies. We as faculty, staff, and residents have been so blessed to have these two women help us out both personally and professionally everyday for a collective 71 years. Thank you for everything you have done for us!



Our
graduating
residents with
Dr. Steven
Kelly

GRADUATING RESIDENTS



Kaitlin Hoogeveen - Chief Resident

Kaitlin is from Sioux Center, Iowa and is a graduate of Northwestern College in Orange City, IA. She is a graduate of the University of Iowa College of Dentistry. She presented her research "Significance of Perinatal Oral Health in an American Indian Population" at AAPD. Kaitlin and her spouse Ryan moved back to Sioux Center where she opened her own practice. She and Ryan have one furbaby, Darby.



Brandy Kleinheksel

Brandy was born in Spearfish, South Dakota, but moved to Wilton, Iowa when she was in fourth grade. She is a graduate of the University of Iowa for both her undergraduate and dental degrees. She presented her research, "Pediatrician's Behavior, Comfort, and Knowledge after Infant Oral Health Training" at AAPD. Brandy and her fiancé Jory have two furbabies, Archer (her dog) and Sam (her cat). Brandy is working in private practice in Marshfield, WI.



Ursula Diehl

Ursula is from Fort Dodge, Iowa and is a graduate of the University of Iowa for both her undergraduate and dental degrees. She presented her research "Analysis of Low pH Streptococci from Early Dental Decay in Children" at AAPD. Ursula and her spouse Evan have one furbaby, Penny. They are staying in Eastern Iowa area where Ursula works at the College of Dentistry as a Visiting Assistant Professor, and at two private practices in the area.



Amy Lesch

Amy was born in Iowa City, Iowa, but calls Michigan her home. She is a graduate of Hope College in Michigan and the University of Michigan, School of Dentistry. Amy will be completing her Dental Public Health Degree in 2018 and so is staying in the Department of Pediatric Dentistry as well as Dental Public Health for a third year.

Administrative Support



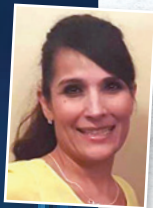
Mary O'Malley

Pediatric Dentistry Surgery Scheduling Clerk—Mary is a native of Iowa City, Iowa. She has been at the College of Dentistry for 17 years working with our operating room scheduling and insurance prior authorization, prior to that time she operated her own business, Perfect Processing in Apollo Beach, Florida. She currently lives in town with her spouse Rob. They have five children: Eric, Angela, Grey, Gabe and Noah.



Michelle Hermann

Pediatric Dentistry Clinic Clerk (DSB)—Michelle calls Iowa City her home and she has been at the College of Dentistry for 16 years, previous to that she worked at UIHC for 10 years, then left for a few years before returning to the College of Dentistry. Michelle lives with her spouse Tom, daughter Ella, a cat, a turtle, and a goldfish. When she is not working she can be found riding her bike across Iowa.



Teresa Cardoza

Pediatric Dentistry Clinic Clerk (Muscatine)—Teresa has been a resident of Muscatine all of her life. She has been with the Muscatine Clinic for 11 years on Tuesday's and Thursday's and also works for the Muscatine Center for Social Action. Teresa is one of the only bilingual clinic clerks, speaking both English and Spanish. Teresa and her spouse Fernando have two children: Exodus and Justice.



Exodus Cardoza

Pediatric Dentistry Administrative Support (DSB)—Exodus is originally from Muscatine, Iowa, but calls North Liberty his home. He is a graduate of the University of Iowa in Communications. He has been in the Department for one month, but prior to the College of Dentistry he was at UIHC and the University of Iowa Sports Department in Communications. He and his wife Maddy are huge Disney fans and have one furbaby, Minnie.



Robin Reed

Pediatric Dentistry Clinic Clerk (CDD)—Robin has been at the University of Iowa since 2003. She has had many roles at the University including housekeeping, nursing assistant, and clerk. She recently moved to the College of Dentistry as a clinic clerk and is now at the CDD desk. She and her husband Mark of 30 years live in the Keota area and also farm. They have three children: Sheila, Leah, and Hannah and two grandchildren.



Shirley O'Neill King

Former Pediatric Dentistry Clinic (CDD), and current College of Dentistry Call Center (Pediatric Dentistry Sub)—Shirley is a resident of Riverside and has been at the College of Dentistry for 15 years. However, the past 35 years she has been in pediatrics in some form whether at the CDD for disability scheduling or the Pediatric Specialty Clinic. Shirley lives with her husband Larry King (not the one on TV) and a cat, Leon, that adopted them.



We want to hear from you!

Please let us know what is happening at your home or in your practice so that we can update all of our alumni and friends. If you want to send us your photos and give us permission we are happy to publish them in the newsletter. Please send information to Exodus-Cardoza@uiowa.edu. We look forward to hearing from you!



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Special thanks to Dr. Kecia Leary for organizing the content and Ms. Kasey Befeler for the newsletter design.

Visit us online: www.dentistry.uiowa.edu/pediatric



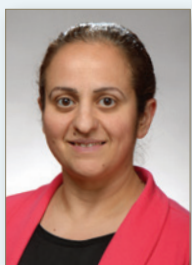
Procedural Sedation

Dr. Tad Mabry - Director of Procedural Sedation

If you live in Iowa you are aware that the new University of Iowa Stead Family Children's Hospital opened in February 2017 (if you live out of state look up the First Quarter Wave and you will see our new hospital). In pediatric dentistry we were lucky to have been included in many of the planning phases. This new 12 floor building includes many in-patient floors such as pediatric intensive care, chemotherapy/oncology, and neo-natal intensive care units. The hospital now has their operating rooms for pediatric patients in the pediatric hospital so we work with staff and providers that are dedicated to children. We are excited for the addition of a procedural sedation room. This is similar to the types of sedations that many of you may be providing in your practices. We are excited because this gives another level of training for our residents and provides patients with another option for care. Residents and faculty still spend quite a bit of time walking between the dental school, CDD and the hospital, but we now only go to one area at the hospital.

Iowa Pediatric Dentistry Excellence Fund

The Department of Pediatric Dentistry has established the Iowa Pediatric Dentistry Excellence Fund. Gifts to this endowed fund will ensure sustainable support for children and families in need, provide additional opportunities for residents, and help retain and develop faculty at a new level. No matter how, or how much, you give, your generosity will make a difference. Visit <https://donate.givetoiaowa.org> to find out how.



Research

Dr. Arwa Owais - Director of Pediatric Dentistry Research

The Department of Pediatric Dentistry research activities include advancing research related to oral health of infants, toddlers, children, and those with special health care needs. Special emphasis on

prevention and management of early childhood caries is evident through the peer-reviewed publications and presentations on local and national levels. The department's research activities consist of clinical trials, lab studies, surveys and secondary data analysis. Over twenty abstracts were presented by faculty, pre- and post-doctoral students this past year at the national level including the American Association of Dental Research Annual Meeting, National Oral Health Conference and the American Academy of Pediatric Dentistry. The Department received grants from Delta Dental of Iowa Foundation to enhance oral health of children. We are currently part of a multicenter clinical study on the use of silver diamine fluoride in children.

Areas of current research include: Early Childhood Caries risk factors among children attending the Johnson County WIC Clinic, medical management of caries using silver nitrate and silver diamine fluoride, Hall-technique stainless steel crowns, referral sources and patterns for the College of Dentistry, and Pediatricians involvement in children's oral health.

